

# **BASH School Counseling Department**

# Summer Newsletter

### Counselors will return in August!

Counselors will continue working a handful of days beyond the last teacher work day. After that, we will be on summer break along with the high school staff and students! Counselors will return to work in early August to help prepare for the start of the new school year.

The counseling office is still open from Monday to Friday, 7am to 4pm. You may reach Mrs. Ali at <a href="mailto:tali@boyertownasd.org">tali@boyertownasd.org</a> or Mrs. Bright at <a href="mailto:mbright@boyertownasd.org">mbright@boyertownasd.org</a> if you have any questions or concerns.

#### Schedule Changes:

Please remember that all schedule changes were due May 15th. The only changes that will be made after that will be due to an error on the school's part (i.e. you were scheduled for 6 study halls, you're missing a required class, etc.) or if you earned credit in summer school that needs to be reflected in your schedule.



# What to do this summer?

Summer vacation is a time for you to unwind and relax. However, it doesn't have to be spent sleeping and playing video games either. Here are some ideas for staying busy during the summer months:

100 Productive Ways to Spend Your Summer Vacation



## Class of 2020 Reminders:

#### **Final Transcripts**

- Final transcripts are automatically sent based on where the student indicated they were attending on their senior survey. If you need a transcript sent to different location over the summer, please contact Mrs. Ali at <u>tali@boyertownasd.org</u>.
- If you registered for and took dual enrollment courses with us, don't forget to <u>order a Montco</u> or <u>Harrisburg transcript</u> to be sent to your college.

# Important Information for the Class of 2021

The BASH School Counselors look forward to working with you on your post-secondary applications and plans in September. In the meantime, we wanted to give you information regarding things to act on this summer.

- If you are planning on applying to a post-secondary school (2 year college, 4 year college, technical school) during your senior year, you must complete a <a href="Transcript Release Form">Transcript Release Form</a> (form attached to this email). You can print it and return it to the main office, or mail it to the school counseling office. You can also return the transcript release by printing, signing, scanning, and emailing it back to Mrs. Ali at <a href="tali@boyertownasd.org">tali@boyertownasd.org</a>. The Transcript Release Form allows us to send your transcript to all colleges and scholarships to which you are applying. We will keep this on file during your senior year which means you only have to complete this form once. Please remember- If a student is under 18 a parent must co-sign the transcript release form.
- If you are applying to a college that requires recommendations, you must complete the attached Recommendation Profile Form (form attached to this email). Your parent/guardian must complete the page titled "Brag Sheet". This form must be provided to anybody you are requesting a recommendation from during your senior year. Notice that you must submit your updated resume with this form. There are many colleges that require recommendations and there are just as many that do not require recommendations. It is your responsibility to find out what your college needs as part of the application process. By completing the form now, you will be a step ahead for senior year if your college requires recommendations.
- We often receive questions about scholarships. We post all scholarship information on our <u>high school website</u> (Resources, School Counseling, Scholarship Information). You should take time to become familiar with the website as you will need to utilize this during the school year in order to access scholarships and information pertaining to scholarships. You can also find other important information in the School Counseling website area.
- Small group assemblies will be held to cover the post-secondary application process when school begins in August. Please be prepared for this.
- We look forward to seeing you in late August. Enjoy your summer!

#### The counselor assignments for the 2020-2021 school year are as follows:

Last Name	Counselor	Email
A-Crou	Miss Allison Frymoyer substitute for	afrymoyer@boyertownasd.org
	Mrs. Caitlin Hawkins	chawkins@boyertownasd.org
Crow-Go	Mrs. Beth Shive	bshive@boyertownasd.org
Gp-Lat	Ms. Karen Virtue	kvirtue@boyertownasd.org
Lau-Oc	Ms. Sandra Gallagher	sgallagher@boyertownasd.org
Od-Sh	Mrs. Christen Mazzie	cmazzie@boyertownasd.org
Si-Z	Mrs. Christy Greener	cgreener@boyertownasd.org



### AP CLASS INFORMATION

Attention all students who are registered for and confirmed to take an AP course in the 2020-2021 school year. If you are not in Mrs. Greener's AP Coordinator Google Classroom, you must join using code 5f5agy7. If you do not join this classroom you may miss out on important information pertinent to AP registration and testing. If you are no longer taking AP courses and are still a member of this classroom, please unenroll to make room for new AP students.

# College & Testing Corona Virus Updates

This <u>NACAC</u> site will include all current update regarding the following:

#### **College Admission Process**

As a service to students and families, NACAC is providing this online tool as a central resource for information about changes in college admission events, deposit dates, and more as a result of the coronavirus outbreak.

#### **ACT Testing Dates**

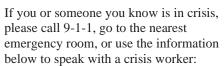
• More information is available at <u>The ACT Test</u>.

#### **SAT Testing Dates**

 Information regarding refunds and rescheduling can be found at <u>Coronavirus Updates for</u> Students Taking the SAT.

# mental health concerns over **summer...**

If you feel that you or a friend is in a crisis situation and/or fearful of hurting yourself or others and there isn't a caring adult you can reach right away, please reach out to one of the following:



- Berks County residents contact Service Access Management at 610-236-0530
- Montgomery County residents contact Montgomery County Mobile Crisis at 1-855-634-4673
- If you have concerns about another individual who may be in crisis, you can access Safe 2 Say by calling 1-844-723-2729 , using the Safe 2 Say app, or by visiting <a href="http://safe2saypa.org">http://safe2saypa.org</a>
- Call **281-CARE** (**2273**)
- Text 4HOPE to 839863
- Call the COVID Careline at **1.800.720.9616**





A variety of resources are available in the Counseling Office and online under the <u>High School Counseling webpage</u>. These include:

- Program of Studies/Course
  Offerings
- Helpful Websites
- College Planning Information
- SAT/ACT Information
- Scholarship Information
- College Visits Calendar
- Counseling Events Calendar
- Graduation Requirements
- Resources
- Forms needed for counseling office

#### Remember... THE IMPORTANCE OF SELF CARE!

We know this is a lot to take in! Please remember to also relax this summer and engage in activities that are calming. By taking care of your emotional and physical well-being, you are preparing yourself to take on the next school year!



YOU WOULDN'T LET THIS HAPPEN TO YOUR PHONE. DON'T LET IT HAPPEN TO YOU EITHER.

SELF CARE IS A PRIORITY

